



## Empower Yourself.

# ASK!

(Yes, this means you.)

We are all born with an innate need to know more: more about the world around us, more about friends and family, even more about ourselves. Unfortunately, far too few of us know where to begin much less take the initiative to act on this basic instinct.

Whether it's a new relationship, a need to reconnect with a spouse, a yearning to communicate with a parent, a desire to bond more closely with a friend, or a wish to communicate with someone before it's too late, **Ask!** is the book for you. It's your starting point for meaning, understanding and answers - one question at a time.

